



Spring 2019

every child deserves a childhood

Therapeutic Learning Extends Beyond the School Day

On our beautiful scenic mountaintop, the Spaulding Youth Center campus is full of excitement and activity all year round. Not only is our school in session for 236 instructional days throughout four seasons, but our residential program offers 365 treatment days. When our children are not in school, our residential staff ensures our kids have many options to try new skills and enjoy favorite activities.

Directly following the end of the school day, the children can choose from a rotating lineup of after school activities. These therapeutic activities incorporate a wide variety of skills and experiences and promote cooperation, peer relations, sportsmanship and fun. Recent examples of after school activities include arts and crafts, baking and cooking, Special Olympics practice, karate and dance classes, snow shoeing, sledding, Magic Cards, nature walks, kick ball, yoga and writing. In addition to these weekly activities, the residential staff also plans special campus activities, such as red carpet fashion and talent shows. These activities offer therapeutic and entertaining ways to wind down after a challenging school day.



As part of our residential therapy, we also encourage students to get involved in the larger community, including participating in parades, attending local events and celebrations, visiting local businesses and restaurants, attending sporting events, enjoying state and local parks, and even engaging in friendly competition. In fact, a group of students recently registered for the Northfield Pines Mac and Cheese Competition and won second place! Over the past year, the kids who reside with us have participated in an amazing 220 community trips and created countless childhood memories.

Our residential students also have the opportunity to participate in vocational opportunities. Over the past year, eighteen opportunities were created on campus, including training for campus special events and dining hall crew, facilities assistant, campus store management, campus clean-up, and campus supply delivery and recycling. From May through October, sixteen students completed a horsemanship program at Lakes Region Riding Academy. This program provides instruction on caring for livestock and equipment, riding horses, and fulfilling vocational expectations. In November, our collaborative relationship with Taco Bell launched internships for two students, both of whom are excelling in their new-found positions.

TO SEE MORE pictures of our ongoing residential activities, please visit SpauldingYouthCenter.org/photo-gallery/

Healing with the End in Mind

Since 1871, we have helped over 11,000 families from across New Hampshire and around New England through our academic, residential and community-based programs. Although needs and challenges have evolved over the past 148 years, Spaulding Youth Center continues to focus on the individual needs of each child who arrives on campus.



We know that a strong sense of self stems from a feeling of safety and belonging as well as a strong sense for what the future may hold. Many of the children we serve have loving and supportive families. For those who don't, or whose family may be struggling right now, upon admission we immediately begin to identify how the child can ultimately be reunited with their family or within their community as soon as they successfully complete Spaulding's therapeutic programs. If reunification with their family is an option, our clinical staff provides therapy and guidance to both the child and family to assist the healing process and prepare them for a successful future together. If reunification with the child's family is not an option, our community-based program can identify and facilitate foster and adoption placements for the child as well as provide much-needed support for the child and family to help facilitate a positive and productive experience.

Our entire staff is proud to emphatically champion our mission of supporting exceptional children and families toward a successful future. The work we do on campus each day is challenging on so many levels but we are dedicated to each child's success achieving their academic, social and therapeutic goals regardless of their individual challenges and sometimes traumatic histories. Through a myriad of services, we support each of our exceptional students to reach their personal best by keeping the end of their enrollment in mind.

TO LEARN MORE, please visit SpauldingYouthCenter.org/programs-services

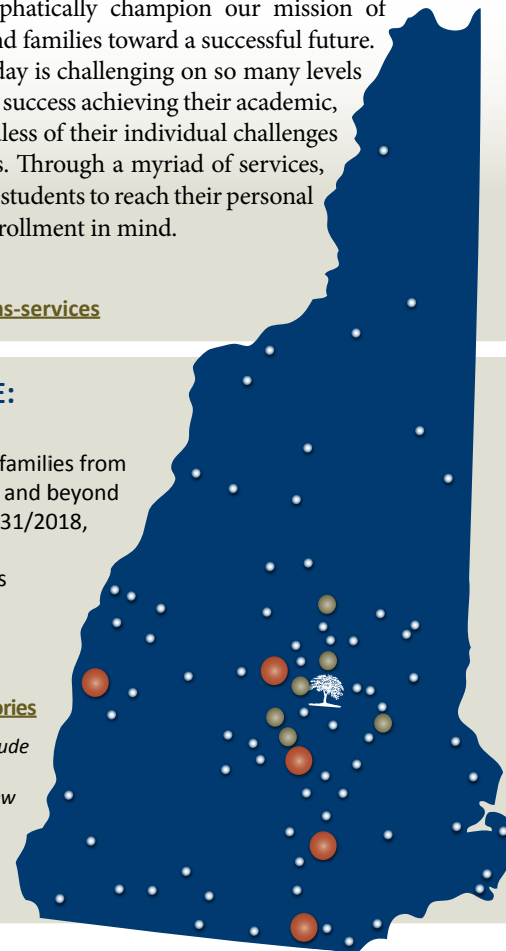
SPAULDING AT A GLANCE: Enrollment Referrals

We are proud to serve children and families from all over the state of New Hampshire and beyond our borders. Between 7/1/2017-12/31/2018, Spaulding Youth Center served 102 residential students, 70 day students and 54 community-based children.

TO LEARN MORE about our students, please visit SpauldingYouthCenter.org/student-stories

- KEY:**
- = 1-4 students
 - = 5-7 students
 - = 8+ students

Does not include enrollments outside of New Hampshire.

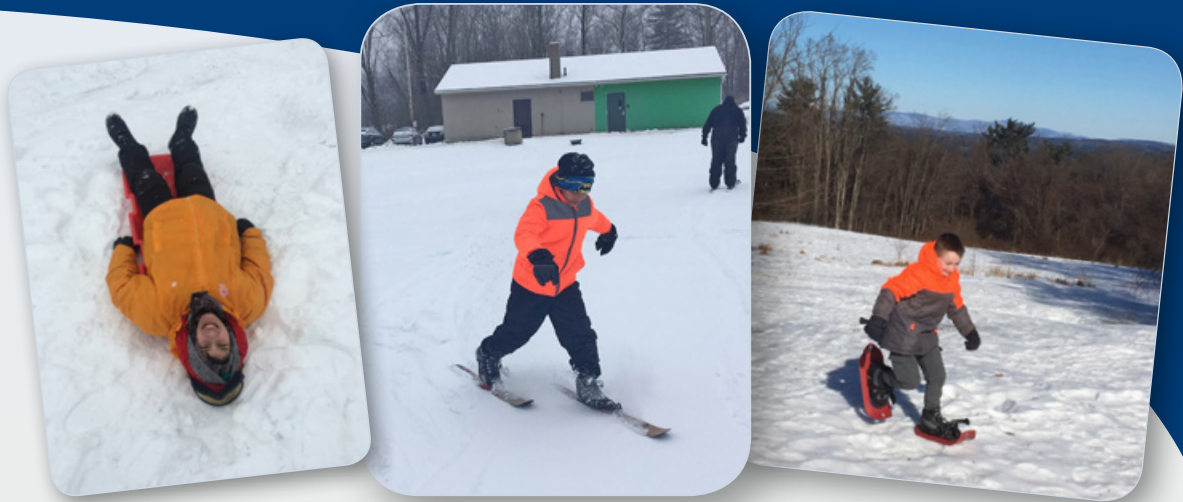




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Success Tastes Even Better With Tacos



In November, two Spaulding Youth Center students began an off-campus internship at the Taco Bell Tilton. One day each week, the boys are responsible to prepare for their shift by organizing their uniform, tidying up their appearance, and being ready to leave their cottages on time. During their shift, they are practicing important vocational skills, such as paying attention to detail, learning independence to complete assigned tasks, working cooperatively with coworkers, customer service and problem solving. These are real-world skills that they can use throughout future employment opportunities.

Although the boys say their favorite part about their work at Taco Bell in Tilton is the delicious food they are invited to enjoy at the conclusion of their shift, we are most excited to see the self-confidence and sense of accomplishment these two students have earned. Witnessing the personal growth and success of our students is priceless!

TO LEARN MORE about our student vocational opportunities, please visit SpauldingYouthCenter.org/vocational-opportunities/

IF YOU WOULD LIKE TO LEARN MORE about how you or your business could create a vocational opportunity for Spaulding students, please contact Cheryl Avery at 603-286-8901 ext. 107 or cavery@spauldingyouthcenter.org.

Our Mission: Supporting exceptional children and families toward a successful future. SpauldingYouthCenter.org

Our Children's Needs Continue to Grow



Private donations and grants from individuals, foundations and community organizations help fund activities, projects and programs that directly benefit the children in our care, allow for necessary staff trainings, and fulfill so many more needs that are not afforded through state and local funding.

In the past year, Spaulding Youth Center has received a number of significant grants and donations from well-respected organizations, including Autism Speaks, van Otterloo Foundation, NH Division of Children, Youth and Families

(DCYF), Jack & Marci Williams Endowment for Wednesday's Child, People's United Bank, New Hampshire Electric Co-op Foundation, New Hampshire Charitable Foundation, AutoServ and the Red Arrow Diner. Each of these generous contributions have had a significant impact on our campus which has enabled us to help people now and will also be appreciated for years to come.

Every dollar donated is deeply appreciated and put to exceptional use. Spaulding is grateful for every individual donor, every foundation and grant maker who supports our vital mission. *To learn more about ways to give, sponsorships or to provide a donation or pledge online, please visit SpauldingYouthCenter.org/give.*

DONATE TODAY IN THREE EASY WAYS

We appreciate your consideration to help support extraordinary children and their families toward a successful future. Contributing to Spaulding Youth Center is as easy as 1-2-3:



1. Donate online at SpauldingYouthCenter.org/give



2. Mail a donation to 72 Spaulding Road Northfield, NH 03276



3. Contact the development office at 603-286-8901 ext. 107 or donate@spauldingyouthcenter.org



Thank you for supporting the children and families of Spaulding Youth Center.